



Drug killed my best friend

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SHITO-RYU-KARATE DO [GORKHA COMMUNITY] HK

Project

REACH BEYOND PREVENTION



SHITO-RYU-KARATE DO [GORKHA COMMUNITY] HK

Executive summary

We have intense desire to eliminate drug abuse misfortune, we operate open systems and interdependently with external environment, professional management, competition transparency and accountability in this rapidly changing 21st century. We continually monitoring environment and we adapt to change inhospitable elements in the environment while we remain in harmony with the values and mission for which we were founded. We committed to delivering quality service to constituents in an effective and efficient manner.

Our aim is to address drug abuse problem, to younger generation of Hong Kong. We will provide prevention measure and tools which will ultimately help to stay away from the possible drug taking situation. Our strategy is to use educational, physical and mental activity such as sports, martial art exercise; creative and imaginative competitions, skill development trainings and classes, etc. Our prime priority will be to provide comprehensive knowledge and awareness to every youngster, adults especially for parents and couples.

Our focus to reduce human suffering

Human suffering through such efforts as health care human services and relief, to make life more comfortable for those who are victims of drug abuse, we will provide aid and expertise we will assist to those not able to sustain themselves due to drug abuse problem.

Our ultimate goal for enhance human potential

We focus in a civil society enhancing human potential through educating every individual as possible and the humanities, for the public and society benefit. Our ultimate goal is to enable each person in society to go beyond his or her current state to reach his or her full potential by becoming full awareness, drug abuse free & success.

When and why we are exist for?

For the fight against drug abuse we recently became charitable institution, our organization was founded in 2003 by Mr. Pun H. R. Magar. We have individuals who they deeply devoted their life for building community they utterly understand it's sensitivity and professionalism when it's comes to anti drug abuse. For now we only were trying to spread anti drug abuse message and prevention measures across the Hong Kong. We are currently providing martial art trainings as a tool for prevention and as well as career development in 3 cities around HK they are Yung Long, Tsuen Wan and Jordan. Perhaps due to ill-timed and insufficiency of fund and resource we are unable to keep moving persistently, our activity are very limited.

Our expectation from your charity trust?

Therefore farther sustainable and efficient community building activity needed to be function effectively and strategically. We are seeking HK\$1,500,000 grants from your charity trust to support our entire anti drug abuse activities. Please note this is our 1st stage of fund raising, until now we used to fund by our self for past activity, therefore we don't have any kind of financial statement.

Our strategy of financial use.

Please see our detailed plan for upcoming 3 years which will allow you to have comprehensive knowledge of financial needs and its propose.



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Concepts

“act before it is too late”

Normally youngster use drug coz they could have been offered by a friend, or may try them out of sheer curiosity, or sometimes may try drugs due to negative peer pressure. They may also resort to drug abuse to seek refuge from problems, such as marital problems between parents, parental neglect, family tensions or an inability to perform in school could be the cause.



DRUG KILLS YOU

Therefore say “no” to drug is important lesson for them, but why no? What is the significant cause and impact behind this “no” this utterly basic information they don’t have; they know drug is bad but they don’t know how and why it is so bad.

Before providing significant knowledge to youngster their parents and guidance most have to have comprehensive knowledge and follow through being responsible example in a life.

Our concept of this project is act before too late.



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Project description

Prevent drug abuse Goal of this project

REACH BEYOND PREVENTION

Provide anti drug awareness education and preventive measures to local community at faster effectively and new innovative way. Operate various trainings classes both physical and mental improvement. Address the all form of drug abuse such as underage use of legal and illegal drugs and legally obtained substance prescription and medication, drug trafficking etc. Provide imaginative solution persistently by building faith and enthusiasm all the time and motivating to abusers to find their define propose of life within the mentality of abusers and potential abusers.

Target & planing

As early as preschool students to providing sufficient knowledge and risk of drug abuse in order to prevent them in later.

At present we have only martial art classes as a tools for fight against drug abuse, we want to increase our other activity and classes for younger generation such as:-

Educational

Awareness of drugs abuse,
knowledge and skills of saying "No" to drugs,
Drug related crime and disease informations
literature, career enhancement skills,
language, trainings and entrepreneurship

Physical

Sports activity, Martial Arts trainings,
Tournaments and championships.
Music & multi cultural activities .

Our project base will be under 3 major areas which are:-

- Family base
- School & Community base
- Research base





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Family base

Family base project will be the effective and earliest stage we can approach to reduce risk. We will operate parental monitoring and supervision training and parental practice developing skills about discussing and enforcing family policy in drug abuse.



School & Community base

Our service can be accessible for all members of society, and we are going to deliver service to general public of HK. We will use various tools to deliver our service to public.

All the participants are welcome they will involve through us in many different way, our caliber and professional staffs or participant it self will be the source of recruitment force, once they will involved or participant with us eventually they will become one of the biggest resource of other sufferer, although we will operate other channel and links to deliver our service to them.

we are normally open to affiliation with all the agencies or institutions for this project, we will reach out local government agencies NGOs international NGOs

we will provide our service at all the time,

To delivering our service to community our organization's staff has a big responsibilities, because our physical and mental activity are entirely operated by them although there will be extra hand of experts and specialized professionals





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Research base

According (CARDA) In Hong Kong 14,087 drug abuse cash has been reported last year alone, this figure is getting bold and bigger each year although this year fell 8.5% cooperating last quarter. This is the only cash which has been reported, however in Hong Kong they are absolutely greater number of abusers who they are not usually reported because they are out of the government reach among them ethnic minority group has a alarming numbers of abusers in HK.

Abusers normally mix several kind of drugs but Heroin is the most commonly used drug in HK although Ketamine, Triazolam, Midazolam, Zopiclone, Ecstasy Cannabis also used frequently.

They have been also greater number of crimes has committed by drug abusers some of 6008 person has been arrested last year some of them are doing drug trafficking and manufacturing rest ware minor cashes.



Ethnic minorities in Hong Kong has an unexpected numbers of abuser mainly from Nepal, India, Pakistan, Thailand, Vietnam, Philippines and Indonesia. Above all Nepalese and Vietnamese has been higher risk in drug abuser it is significantly important to have batter understanding thire culture and value to tackle the issue regarding drug abuse.

Local Chinese Ethnic have been suffering similar problem, enhancement combating service strategy has been needed for go through beyond the reach.





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Prevention strategy

Our plan to fight against drug abuse

Our strategy is to use various tools in order to pursued prevent drug abuse, to go beyond the understanding of core motive and change them through utterly by implementing sustainable strategy given below.

- (1) **Physical & Mental exercise strategy**
- (2) **Anti drug abuse Educational and career development training strategy**
- (3) **Sports, cultural and musical strategy**

Operate physical and mental exercise

Martial art (Karate, Tekwando, Thai Boxing, Kung Fu, Thaichi etc.)
We planing to operate in 5 Cities they are:-

Jordan, Yuen long and Tsuen wan (Now operating some time only)
Wan chai
Central

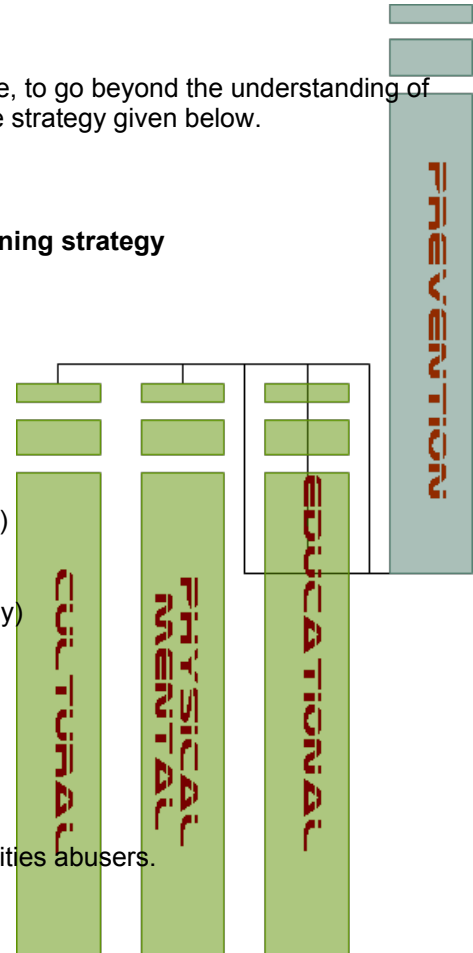
Anti drug abuse Education and career development training

Cantonese and Mandarin language training class for Ethnic minorities abusers.
English learning class for local chines abusers.
Music learning
Computer class for career development
Creative and imaginative championships Literature, story writing , poetry, drawing competitions
Entrepreneurship

Handout pamphlets in all languages such as Chinese, Nepali, Hindi, Urdu, Vietnamese, Thai and Philippines
Organize Anti drug abuse seminars, events and campaign
Drug awareness role play by couples, parents
Drama play
Media advertisement in both ethnic and local channels, papers SMS etc.
Door to door strategy

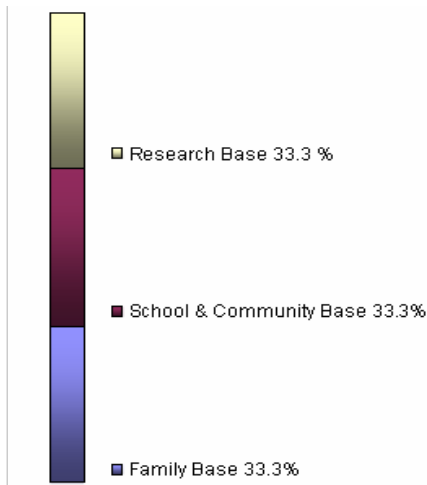
Sport cultural and musical

Football, Vally ball, Basketball, Table tennis, Squash championships
Musical class, dance class and dance competitions
Multi cultural shows & Multi cultural fairs



Financial basics

Fund will be used according this chart



Once we start our work or business, sufficient ready capital is essential, therefore it is not enough to simply have sufficient funding and knowledge, effective and very good planning are required to manage it well.

While poor management is cited most frequently as the reason any project or business fail, inadequate or ill-timed finance is a close second.

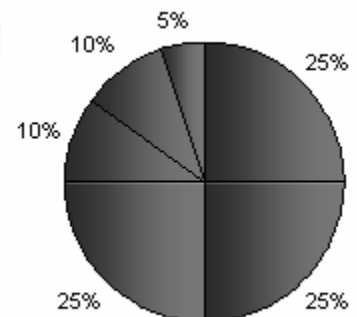
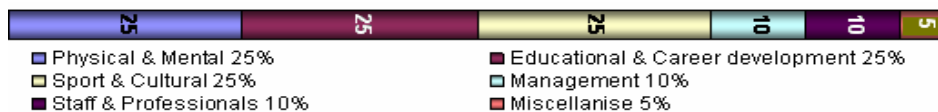
We will try to avoid common mistakes like securing the wrong type of funding, miscalculating the amount required, or underestimating its significant perhaps most importantly, how does our need for fund will mesh with our project is the important to us.

Since we establish our organization our funding system was not implemented, we were doing some small size of activities (martial art trainings) which cost was significantly low.

Therefore our newly developed plan will be our foundation stage although we establish sometime ago.

Future expenses details

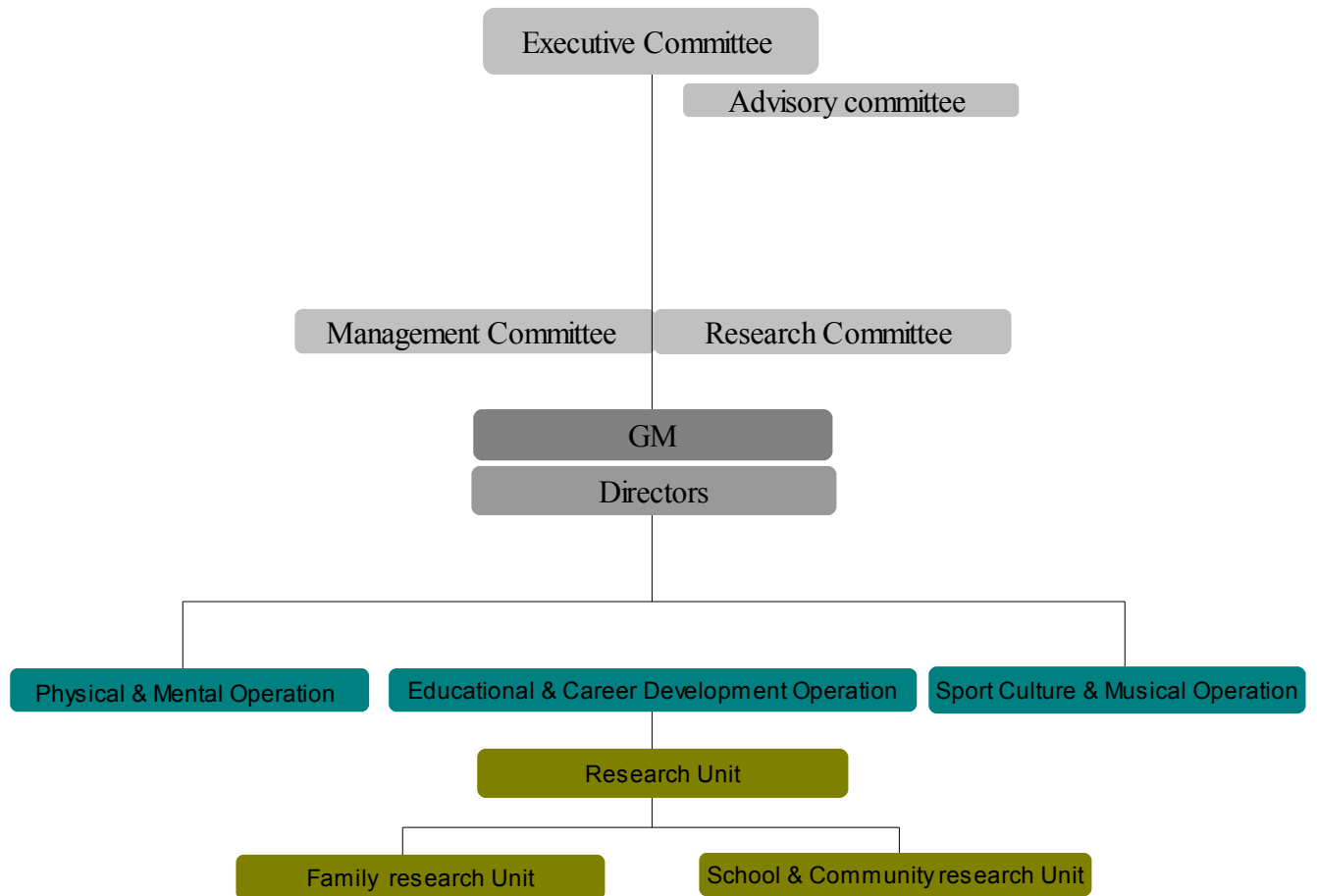
Physical & mental activities	25%
Educational & career developing trainings	25%
Sports, cultural & musical activities	25%
Management cost	10%
Staffing & professionals cost	10%
Miscellanies	5%





SHITO-RYU-KARATE DO [GORKHA COMMUNITY] HK

Organization's structure



- Department Director
- Unit Director
- Department Managers
- Task Force
- Front line Officer

- Media & Advertisement Department
- Medical Unit
- Rehabitation Unit

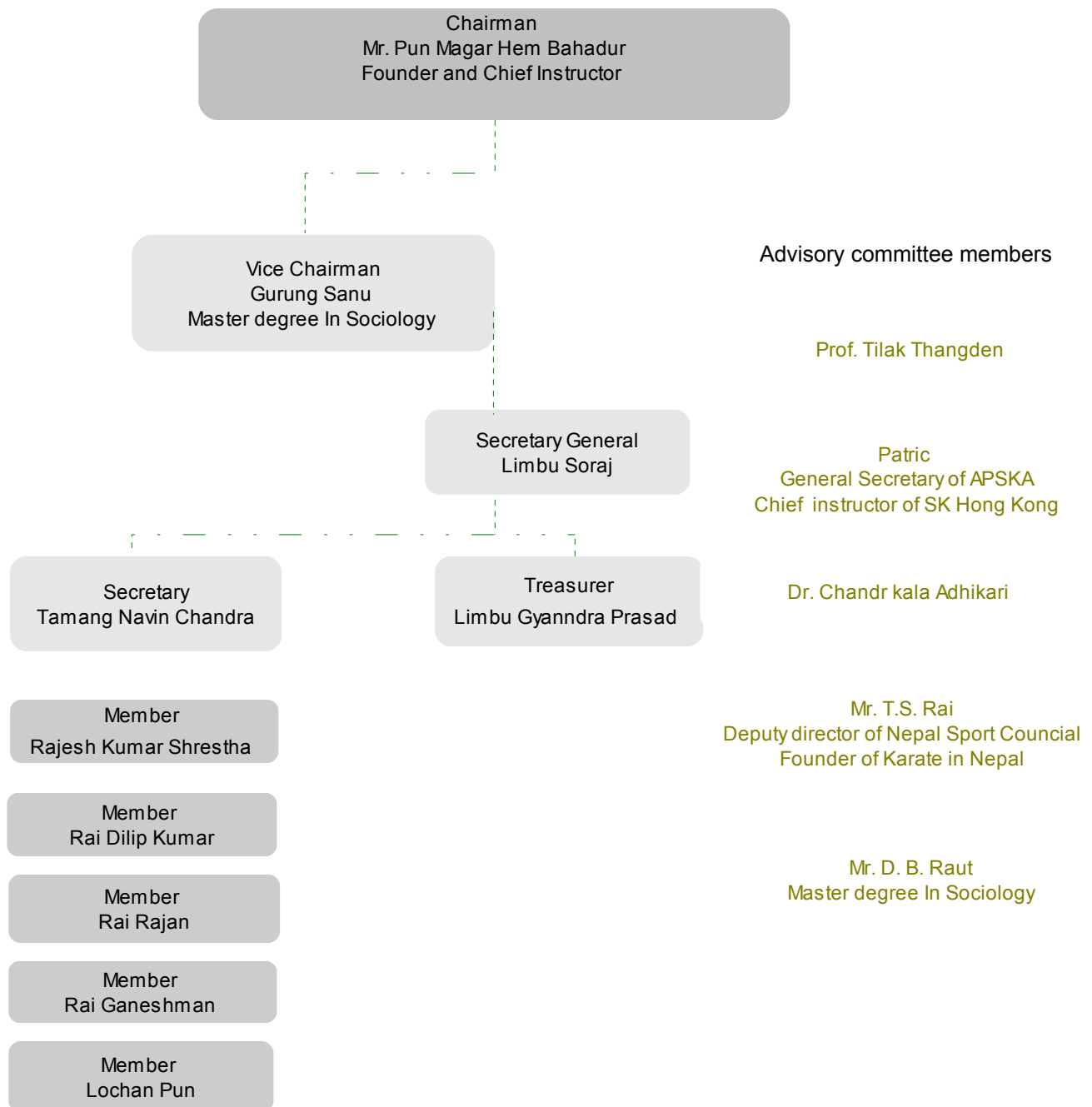
- Administration Department
- Account Unit
- Personnel Unit



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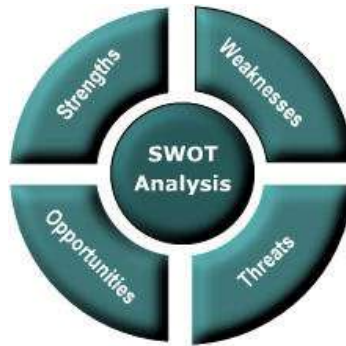
Governing Structure

Executive Committee





Strengths and Vulnerabilities



Ideology always comes with conspiracy every strengths has its own vulnerabilities, we will try to describe some of our SWOT analysis below.

Strengths

- Unique technique and tools (Mental & Physical)
- Intense desire to eliminate misfortune
- Open operational system
- Transparency
- Accountability
- Familiar in what we doing

Weakness

- Fund Insufficiency
- Organization is new
- Large size of operational has been just beginning
- It has a very wider responsibilities & challenges
- Due to Larger numbers of abusers it maybe hard to delivering its service effectively

Opportunities

- Go beyond the solution
- Implement easy but concrete solution
- Become effective medium to provide comprehensive solution and opportunities for Ethnic minorities and local Chines community
- Find out other research and sorceress to fight against drug abuse phenomenon

Threats

- Strategy may not be the strong
- Inappropriate and hostile situation may arise
- Organization maybe run out with fund or other important aliments while project is ongoing
- Some legal aspect may arise and force to closer its Operation partially or totally
- Uncertainty of fund

It is only our future analysis perhaps future is always unpredictable and some risk are unavoidable we maybe only able to minimize the level of risk or pros pond the risk but some we can avoid.

Our strategy will be analyzing the level of risk and try to avoid them in early stages, if it is too late then try to minimize its impact and suffering by focusing intense desire of life, wants or any other special dream and achievement.

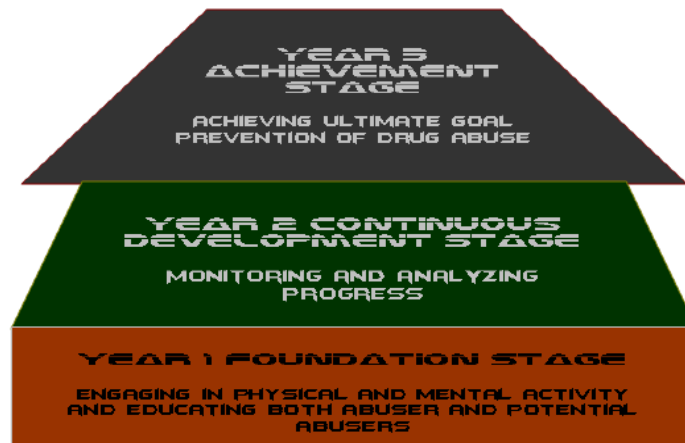


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Next 3 years planing

It is going to be long battle against drug abuse perhaps it has been started since century to unlimited time frame. However we may see some of our sort plans for up coming 3 years as given below.

3 Year development plan for abusers and potential abusers.



1st year

Build foundation

Start our plan from Family base, Community base and research base

Target younger generation of HK local community

Target Ethnic Minorities community in HK Nepalese, Vietnamese, Thai, Indonesians, Indians, Pakistani and Philippians

Establish community base service to engage abusers and potential abusers (*Pls find prevention strategy for detail community base plan*)

Establish educational service to engage abusers and potential abusers (*Pls find prevention strategy for detail educational plan*)

Provide vocational trainings, physical and mental trainings to be able to find work

2nd year

Continuous development

Focus to continues development, adaption of new Strategy and management related area.

Analyst and synchronize previous planing and processors

3rd year

Produce professionals

Make abusers able to find work by themselves in this competitive market

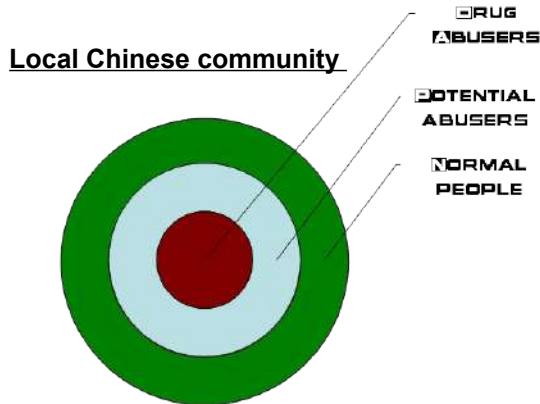
Produce national or international levels of athletics

Transform abusers and potential abusers into professionals, entrepreneurial



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Targets for next 3 years



Our goal will be to reach through out local community drug abuser or non abusers along with ethnic minority community, finding a balance between the urgent needs of today and goals of the future, we will move by keeping pace with the latest changes in technology for efficiency and up-to date information. Energizing and unleashing the inner motivations of our staff and volunteers will be the higher priority even when resources are limited.

Our target for up coming 3 years

Provide our service to at list 10% abusers both local and ethnic minorities.

Provide and reach out minimum 0.5% youngster of Hong Kong through various activities (please see our prevention strategy)

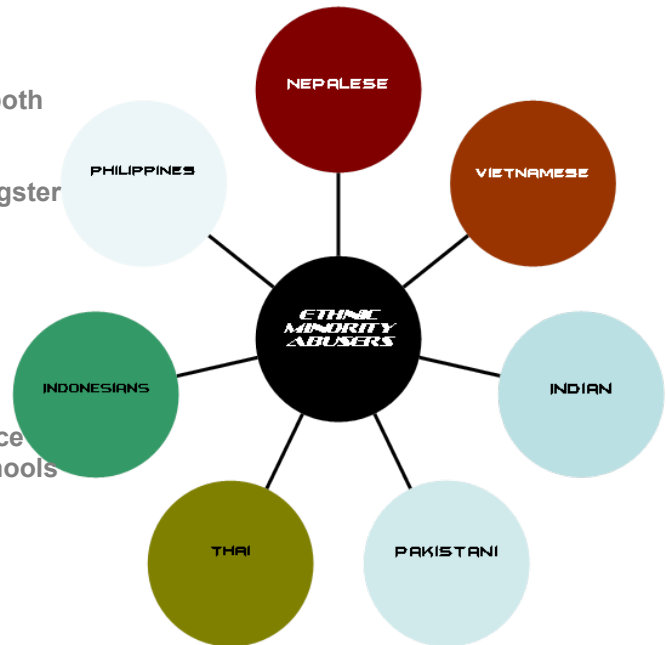
Through family base service approach minimum of 0.5% family both local Chinese ethnic and minorities.

Through school and community base service reach out English and Chinese medium schools minimum 5% each year.

By support of educational training, develop independent drug free personals persistently minimum 10% in 3 year and gradually increase growth by each month.

By support of physical trainings and sports activities produce National and international level of athletics (Note: we have developed 2 International stander players since we establish they are going to represent Hong Kong in upcoming Karate world cup in this September. Championship will be in Tokyo Japan)

Ethnic Minority Community



Proposal Summary

Respected Sir/Madam

We have define determination to stand by the desire to eliminate drug abuse, preventing vary early risk and potential threats stages. Normally disappointment over family ignorance, love affairs, poverty, failure, lack of ambition has the major effect of driving people to drink and drug which will ruin his or her life and this because people usually don't have a support and tools to learn the art of transmuting their strongest emotions into dreams of a constructive nature.

However prevention can come if organized and intelligently directed through practical plans of action to the definite propose of accumulation. We all believe that knowledge is potential power but we have to know this, it become power only when and if it is organized into definite plans of action and directed to a definite end. Our strategy to prevention through coordination of knowledge and effort in a spirit of harmony between both abusers and non abusers and with people who specialize organize and committed in the subject for the attainment of a definite anti drug abuse purpose.

With support by various tools and measure, to support both local Chinese ethnics and Ethnics minority community in Hong Kong, to prevent them from drug abuse and related issues as given in this proposal would be the incomplete without your kind support.

Your little effort will make a big different to “reach beyond prevention”, hoping to hearing your prescription.

Mr. Pun hem bahadur magar
Chairman
SKGC HK



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